

CARBON COUNTERS

An activity for young learners to think about their carbon footprint!



What is a carbon footprint?

Carbon is a gas that goes into the air because of something done by people (not by nature). **Footprint** is how much of that gas we make. We make carbon by the amount we drive, how much we buy at the store and even what we eat. Too much carbon is bad for the planet and causes something called Climate Change.

Every human has a carbon footprint but our choices can help make that footprint smaller. When we have a smaller footprint, the world is healthier.

We all have the power to make our carbon footprint smaller!



STAND UP AGAINST CLIMATE CHANGE!

No matter what, everyone has a carbon footprint—and that's okay as long as we are doing our best to make it as small as possible.

We can make our carbon footprint smaller by replacing some of the things that we already do with something that is better for the environment, like riding a bike instead of riding in a car. **Replacing food like hamburgers, hotdogs and cheese with vegetables, fruit, grains and nuts also helps to make your carbon footprint smaller.**

Pro Tip: Having a small carbon footprint isn't about being perfect, it's about doing your best to help the planet!



CARBON COUNTERS

An activity for young learners to think about their carbon footprint!



COUNT THE CARBON!

Count the amount of carbon needed to make each meal and talk about the differences that you see.

A.  10 +  5 =

B.  3 +  2 =

C.  8 +  2 =

D.  3 +  3 =

Pro Tip: You can be a hero for the planet because eating less animal products has a smaller carbon footprint!